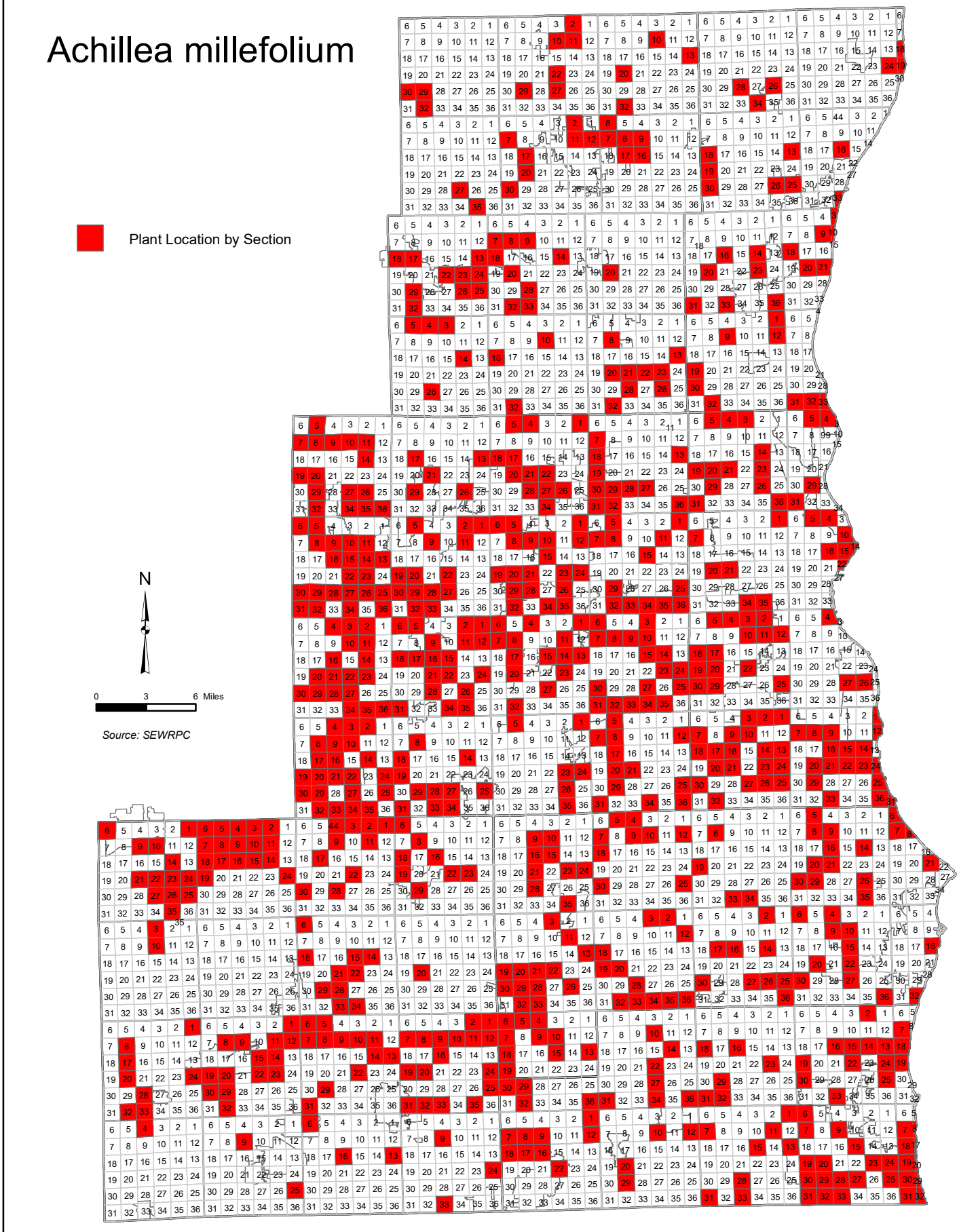Achillea millefolium